

Life Group Homework

EPHESIANS 4:17-24

Let's Get Started:

Imagine that you just watched an episode of extreme home makeover where someone has their rundown shack transformed into a gorgeous sprawling mansion. Then imagine that they bring in their tattered furniture, their flea-ridden mattresses, and all their old, broken down appliances – even though brand new, high quality products had been given to them to replace those old things.

1. Why wouldn't this choice make sense?
2. What could possibly motivate someone to do such a thing?
3. How might this correspond to a person's decision to become a Christian and yet walk as the nations do, in the futility of their thinking?

Let's Dig In:

1. Paul refers to our sinful desires as 'deceitful' (vs. 22). What are some of the primary lies told to us by our fleshly desires?
2. What role does the truth of God's word and the truth in Christ's life have in the renewal of our minds? (See also John 8:32)

3. What real life actions would qualify as putting off your old self and putting on Christ?

4. As you think through your life as a believer was there a particular way of thinking you once had that was futile and led you to sin (the old self), but you have since “put off” and been “renewed in the spirit of your mind?” If you are willing, share that experience giving as much detail as possible about how God brought it about.

Let’s Live It Out Together:

1. What sort of thoughts and attitudes prevent us from putting off the old self and putting on Christ?

2. What role do we have in helping one another in this process of putting off the old self and putting on the new? (See Hebrews 10:24-25)