

# Life Group Homework

## EPHESIANS 6:14-24

### Let's Get Started:

The supernatural war being fought throughout the universe that Paul describes in **Ephesians 6:11-12** is between God and His angels and the forces of Satan. But Paul also shows us that Christians are drawn into this spiritual conflict as well. Satan opposes believers in a lot of ways. Spirit-filled, born-again Christians are subject to spiritual attacks, defeats, and even strongholds.

In his message this week, Pastor Jerry gives us 11 common ways Satan tries to lie to us and control our thoughts. Share if you have experienced any of these types of attacks in your walk with Christ.

- *Denial – a refusal to face the truth.*
- *Fantasy – an escape from reality into a world of perversion, pleasure, or gaming.*
- *Withdrawal – shutting down emotionally to avoid feeling reality.*
- *Displaced anger – hurting others because you are not willing to deal with the source of your anger.*
- *Projection – placing the blame for your thoughts, feelings, or behavior on others.*
- *Rationalization – finding reasons to excuse your wrong behavior rather than changing it.*
- *Ideological fixation – using godless philosophic, political, social, or psychological theories as your dominating worldview.*
- *Cult or occult involvement – mind control through tarot cards, astrology, palm reading, Ouija board, etc.*
- *Irrational fears and suicidal thoughts.*
- *Mental reliance on an addicting substance.*
- *Unbelief – choosing not to trust God or His Word.*

### Let's Dig In:

#### Read 2 Corinthians 10:4-5.

1. What does Paul mean by “weapons of the flesh?”

2. What does he mean when he says we have “divine power?”

3. Why do you think “taking every thought captive” is an essential strategy in spiritual warfare?

### **Read Ephesians 6:13-14**

1. What is the belt of truth?

2. What does **Ephesians 4:14** teach us about the danger of NOT wearing the belt of truth?

3. The breastplate of righteousness is the imputed righteousness that protects the condition of our hearts. See **Proverbs 4:23** and **Romans 10:10**. What does the term “imputed” mean?

### **Read Ephesians 6:15**

1. Shoes give us stability and the ability to move forward. According to **Matthew 28:19-20**, what are we to be “moving forward to do?”

### **Read Ephesians 6:16**

The Roman soldier used two different kinds of defense shields in battle: the *clipeus* was small and round for up close hand-to-hand combat and the *scutum* was like a rectangular door that protected the soldier's whole body.

1. Circle which words below describe the Christian’s shield of defense against Satan’s “flaming darts.”

Faith in God

Human will power

God’s promises

God’s forgiveness

### **Read Ephesians 6:17**

1. What does the helmet protect? \_\_\_\_\_.
2. How does Satan attack the “head” or the “mind?”
3. What is the “Sword of the Spirit” in Ephesians 6: 17? The \_\_\_\_\_.
4. What does **Hebrews 4:12** teach us about the “Sword of the Spirit?”

### **Let's Live It Out:**

**Ephesians 6:10-11** says, “*Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil.*”

Discuss what it means to “put on” the whole armor of God. How do we do it? When should it be done? Is there ever a time to “take it off?”