

Evidence of Spiritual Maturity: The New You!

Ephesians 4:24-32

Introduction: Believers in Christ need to know who they are in Christ, they need to understand what they have in Christ, and they need to protect their new identity, the “New You,” from attacks. Based on the New You described in Ephesians 1-3, you are called to “*walk worthy of your calling.*” Today we define the New You.

The new you defined vs. 24

The new you described vs. 25-31

What does the new you do and not do?

- Speaks the truth, not lies. vs. 25
- Feels anger but does not allow anger to lead to sin or bondage. vs. 26-27
- Works hard at honest labor and is generous, but does not steal or act stingy. vs. 28
- Speaks only what builds people up, not verbal put-downs. vs. 29

- Practices respect for the indwelling HOLY Spirit by not grieving Him. vs. 30

- Intentionally puts away sins like bitterness, rage, anger, clamor, blasphemy, and hatred. vs. 31

- Intentionally puts on the Christ-like qualities of kindness, compassion, and forgiveness. vs. 32

Conclusion: *“There is no depth to which man may go, that God’s love is not deeper still.”* - Corrie Ten Boom